Overview

• Highlights of disease site chapter
• Uniqueness, differences and exceptions based on
  – Anatomy
  – Diagnostic workup
  – Treatment
  – Outcomes
• Cautions and reminders for staging
Learning Objectives

- Recognize differences based on disease site
- Examine criteria for assigning stage
- Analyze effect of uniqueness on staging
- Employ critical thinking in using physician documentation
- Utilize appropriate guidelines to gain knowledge
- Identify resources for AJCC staging

Stage Classifications

Anatomy Affecting Stage

No materials in this presentation may be repurposed without the express written permission of the American Joint Committee on Cancer. Permission requests may be submitted at CancerStaging.net
Lung Anatomy

• Critical to understand lung anatomy for tumor location
  – Carina
  – Main bronchi
  – Lobar bronchi
  – Bronchioles
  – Lobe locations
  – Lobe fissures
  – Hilum
  – Mediastinum
  – Apex, medial, lateral
  – Pleural based: near pleura, in periphery of lung

Lung Anatomy

• Anatomy courses are critical
  – Improve skills by reviewing material
  – Many available through online courses
  – Invest in anatomy books

• Understanding diagnostic procedures plays role in staging
  – Knowing what can be visualized by
    • Endoscopy procedures: bronchoscopy, mediastinoscopy
    • Thoracotomies and mediastinotomies
  – Online information or books

Hilum and Mediastinum

• Anatomic definitions
  – Hilum is location where bronchi, blood vessels enter lung
  – Mediastinum contains heart, trachea, esophagus, great vessels

• Hilar or mediastinal may refer to nodes or anatomic area

• Examples from CAnswer Forum
  – Rt hilar mass FNA, patient had RLL lobectomy
    • Hilar mass must be nodes since RLL lung is not near hilum
  – Large cavitory mass RUL extends into rt hilum
    • Need further info whether extending into hilum or hilar nodes
  – RUL mass, mediastinal adenopathy, FNA subcarinal node is neg
    • Not anatomic area, mediastinal nodes are not involved
  – 6cm mediastinal mass involving pulmonary arteries, chest wall, ribs
    • Anatomic area of mediastinum, could include nodes
Clinical and Pathologic Staging

- **Clinical Staging**
  - Many procedures may be used for staging such as
    - Bronchoscopy, thoracoscopy, mediastinotomy, exploratory thoracotomy
    - Not all lesions will be biopsied – refer to NCCN guidelines

- **Pathologic Staging**
  - Resection of primary tumor
    - Usually have nodal resection
    - Biopsies of highest T and highest N – general rules in Chapter 1

- **Histologies staged:** non-small cell, small cell, carcinoid
  - Do not use limited and extensive for small cell
  - Need to use AJCC TNM for all these histologies

- **Treatment may help registrar understand physician stage**
  - Positive mediastinal nodes aren’t eligible for surgical resection
  - Review treatment guidelines for help

- **Guidelines**
  - NCCN guidelines are main resource
  - Additional guidelines available through ASCO
**Assigning T, N, M, Stage Group**

**T Category**

- Multiple tumors not always separate tumor nodules

- Separate tumor nodules
  - Intrapulmonary spread from primary lesion
  - Affects assignment of T category or M category
  - T3 separate tumor nodule in same lobe
  - T4 separate tumor nodules in different ipsilateral lobe
  - M1a separate tumor nodules in contralateral lobe

- Some histologies have multiple synchronous tumors
  - Assign T category by largest tumor size, use (m)
  - Must use (m) to indicate tumor burden
  - Does NOT affect T category

- More information available in AJCC 7th ed lung chapter

---

**T Category**

- TX N0 M0 is occult carcinoma stage

  - TX must be microscopic findings without visible tumor
    - Sputum cells or bronchial washings
  
  - If TX is tumor cannot be assessed
    - Physician may use TX not assessed with N1-3 or M1
    - With N0 M0, there is no tumor found and it isn’t a cancer case
    - Don’t misinterpret registry lack of information as occult

---

No materials in this presentation may be repurposed without the express written permission of the American Joint Committee on Cancer.
Permission requests may be submitted at CancerStaging.net
T Category

Primary Tumor (T)

T1: Primary tumor cannot be assessed, or tumor proven by the presence of malignant cells in tissue not visualized by imaging or biopsy
T2: Nodules of primary tumor
T3: Carcinoma in situ
T4: Tumor more than 7 cm or more than 4 cm in greatest dimension, surrounded by lung or pleural plaques, without lymph node involvement
T5: Tumor more than 4 cm in greatest dimension
T6: Tumor involving the main bronchi (less than 2 cm distal to the carina) but without involvement of the carina or associated mediastinal, peribronchial, or periglandular lymph nodes

N Category

- Mass, adenopathy, enlargement **NOT nodal involvement**
  - Was true 30-40yrs ago for chest x-rays
    - Not sensitive, must be large mass to be seen
  - Not true for CT, PET, MRI
    - Imaging is very sensitive and rarely malignant
    - Most often inflammatory or reactive process

- Cannot use old rules and apply to modern medicine
  - Rules must change and keep pace with changes in medicine
  - Choose accurate information/staging over historic compatibility

- Imaging evaluation of nodes is critical
  - Size
  - SUV (standardized uptake value) on PET

- Use critical thinking with imaging reports
  - Radiologist comments and interpretation
  - Managing physician comments in progress notes

- Size and SUV
  - Cannot provide absolute criteria and cutpoints
  - Must take into consideration other statements
  - Example: large size may be due to inflammation

The impression superficial spreading tumor of any size with its invasive component limited to the basal cell layer, which may extend proximal to the most involved invasive margin, is also classified as T1a.
**N Category**

- **Regional Lymph Nodes (N)**
  - N0: No regional lymph node metastases
  - N1: Metastasis in ipsilateral peribronchial and/or ipsilateral hilar lymph nodes and intrapulmonary nodes, including involvement by direct extension
  - N2: Metastasis in ipsilateral mediastinal and/or subcarinal lymph node(s)
  - N3: Metastasis in contralateral mediastinal, contralateral hilar, ipsilateral or contralateral scalene, or supravacularar lymph node(s)

**M Category**

- Important to assign subcategories
  - Even though stage group not affected
  - Critical to have M1a and M1b data
  - Data may lead to different stage groups in future

- **7th edition errata**
  - Ensure errata added to chapter
  - M1b had additional clarifying information added

**Not M Category**

- Chest wall invasion is T3, **not** M1b
- Chest wall includes
  - Ribs
  - Sternum
  - Skeletal muscle
  - Diaphragm
M Category

Distant Metastasis (M)

M0  No distant metastasis
M1  Distant metastasis
M1a Separate tumor nodule(s) in a contralateral lobe tumor with pleural nodules or malignant pleural (or pericardial) effusion
M1b  Distant metastasis (in extrathoracic organs)

* Most pleural (and pericardial) effusions with lung cancer are due to tumor. In a few patients, however, multiple cytologically uninterpretable pleural (or pericardial) fluid samples may be suggestive for tumors, and the fluid is serosanguineous or transudative. Where these elements and clinical judgment dictate that the effusion is not related to the tumor, the effusion should be excluded as a staging element and the patient should be classified as M0.

AJCC Staging Rules

• Standard AJCC staging rules apply if no exceptions noted

• AJCC Curriculum for Registrars
  – Utilize this resource for staging rules
  – Slides available for download
  – Recordings available to watch at any time

• Refer to AJCC website for more information and education

Case Scenarios
Case #1 – Diagnostic Workup

- **History/Chief Complaint**
  - 58-year-old male with 2 week history of progressive cough, non-responsive to antibiotic treatment
- **Physical Exam**
  - Lungs: Wheezing on expiration
- **Imaging**
  - CXR: 1.7 cm nodule RUL, no adenopathy
- **Procedure**
  - Mediastinoscopy: no evidence of enlarged nodes
  - Biopsy right apical lung mass
- **Pathology Report**
  - Squamous cell carcinoma, biopsy right lung mass

Case #1 – Clinical Staging

- **Physical exam**
  - No information that plays a role in staging
- **Imaging**
  - 1.7 cm nodule RUL
  - No adenopathy on CXR
  - But CXR is not sensitive and only shows extensive node involvement
- **Procedure**
  - Mediastinoscopy showed no nodal involvement
  - Biopsy does not play a role in assigning stage
- **Pathology report**
  - No information that plays a role in staging

Case #1 – Clinical Staging Answer

- cT1a
  - Tumor ≤ 2 cm surrounded by lung
- cN0
  - No nodal involvement on mediastinoscopy
  - No nodal involvement on imaging, but suspect since only CXR
- cM0
  - No signs or symptoms of mets
- Stage IA
Case #1 – Treatment

- History/Chief Complaint
  - Admitted for surgery
- Operative Report
  - RUL lobectomy: Rt Apical mass; several enlarged hilar nodes
- Pathology Report
  - Right upper lobe lung: 5 cm, squamous cell ca, keratinizing type, mod differentiated. Visceral pleural invasion present. Focal extension into parietal pleura, presumed lymphovascular invasion. 4/9 nodes positive including 3/4 hilar nodes and 1 node at 4L paratracheal position. Margins neg.

Case #1 – Pathologic Staging

- Surgery
  - Patient had surgical resection qualifying for pathologic staging
- Clinical staging information
  - cT1a cN0 cM0
- Operative report
  - Enlarged hilar nodes
- Pathology report
  - Size is 5 cm
  - Invasion of visceral and parietal pleura
  - Lymphovascular invasion doesn't play a role in staging
  - Hilar and 4L paratracheal nodes involved
  - Margins negative doesn't play a role in staging

Case #1 – Pathologic Staging Answer

- pT3
  - 5 cm nodule RUL lung and visceral pleura invasion is T2a
  - Parietal pleura invasion is T3
- pN3
  - Ipsilateral hilar nodes is N1
  - Contralateral mediastinal nodes is N3
    - 4L lower paratracheal nodes is level 4 on the left
- cM0
  - No signs or symptoms of mets
- Stage IIIB

Copyright © 2016 AJCC All Rights Reserved
Case #2 – Diagnostic Workup

- **History/Chief Complaint**
  - Lower back pain radiating into left hip
- **Imaging**
  - 4/19 MRI L Spine – numerous enhancing lesions, c/w extensive mets
  - 4/19 Hips – cortical loss left hemi-pelvis most likely neoplastic process
  - 4/23 Bone scan – mets in pelvis, multiple rib, and lumbar spine
- **Procedures**
  - 5/4 Fiberoptic bronchoscopy, bronchial washings RUL segments
  - 5/7 Image guided needle core biopsies of right lung medial mass
- **Operative Findings**
  - 5/4 RUL – no discrete mass, bronchial forceps bx anterior segment RUL
- **Pathology**
  - 5/4 Poorly differentiated carcinoma, cytology. Differential diagnosis primary ca of lung vs. metastasis from unknown primary
  - 5/7 Core biopsies with appearance suggestive of malignancy

Case #2 – Clinical Staging

- **History/chief complaint**
  - Pain which might be indicative of bone mets
- **Imaging**
  - Multiple extensive bone mets: pelvis, ribs, lumbar spine
  - Rib mets is not from direct extension to chest wall
  - No lung imaging
- **Procedures and findings**
  - RUL lung bronchus lesion
  - No discrete mass
- **Pathology report**
  - Carcinoma on bronchial washings cytology
  - Malignancy in RUL bronchus

Case #2 – Clinical Staging Answer

- **cTX**
  - No information on size or extent of lesion
- **cNX**
  - No information on involvement of nodes
- **cM1b**
  - Bone mets
- **Stage IV**
Case #2 – Treatment

- No treatment was provided
- Due to extensive disease, surgery is not appropriate

Case #2 – Pathologic Staging

- No surgical treatment
- Patient does not qualify for pathologic staging

Case #2 – Pathologic Staging Answer

- No T, N, M, or stage group may be assigned
- All categories left blank – does not qualify for staging
- Stage group may be coded as 99 for cancer registries
Information and Questions on AJCC Staging

AJCC Web site

- https://cancerstaging.org

- Cancer Staging Education Registrar menu includes
  - Timing is Everything – stage classification timeframe graphic
  - Presentations
    - Self-study or group lecture materials
      - Registrar’s Guide to Chapter 1, AJCC Seventh Edition
      - Explaining Blanks and X, Ambiguous Terminology and Support for Staging
      - AJCC T, N, and M Category Options for Registry Data Items in 2016
  - AJCC Curriculum for Registrars
    - 4 free self-study modules of increasing difficulty on staging rules
      - Each module consists of 7 lessons, including recorded webinar with quizzes

AJCC Web site

- https://cancerstaging.org

- Cancer Staging Education Physician menu includes
  - Articles
    - 18 articles on AJCC staging in various medical journals
  - Webinars
    - 14 free webinars on staging rules and some disease sites

- Cancer Staging Education General menu includes
  - Staging Moments
    - 15 case-based presentations in cancer conference format to promote accurate staging with answers and rationales

No materials in this presentation may be repurposed without the express written permission of the American Joint Committee on Cancer. Permission requests may be submitted at CancerStaging.net
Summary

No materials in this presentation may be repurposed without the express written permission of the American Joint Committee on Cancer. Permission requests may be submitted at CancerStaging.net
Summary

- Recognize differences based on disease site
  - Examine criteria for assigning stage
  - Effect of uniqueness of anatomy, workup, treatment
- Employ critical thinking in using physician documentation
  - Understanding current standard medical practice
  - Interpretation of available information
- Utilize guidelines available to registrars to gain knowledge
- Identify resources for AJCC staging
  - Information and guidance
  - Obtain answers to questions to learn staging
    - Understand rationale to apply to future cases
    - Not just an answer for today's case

Thank you

Donna M. Gress, RHIT, CTR
AJCC Technical Specialist

AJCC
American Joint Committee on Cancer

633 N. Saint Clair, Chicago, IL 60611-3211

cancerstaging.org

This webinar is sponsored by

The Centers for Disease Control and Prevention

Supported by the Cooperative Agreement Number DP13-1310

No materials in this presentation may be repurposed without the express written permission of the American Joint Committee on Cancer. Permission requests may be submitted at CancerStaging.net